



Sensory Motor Activities on a Shoestring Budget (2 days)

FOR LEARNING, FUNCTION, AND PLAY

A WORKSHOP FOR THERAPISTS, TEACHERS, AND PARENTS

Creative, Interactive Lectures and Make-and-Take Workshop:
Low-Tech, Low-Cost Materials for Those Who Have
MINIMAL SPACE, BUDGET, and TIME

INSTRUCTOR:

Shoshana Shamborg, MS in Special Education, OTR/L
President of AOTSS and LifeSkills Therapy Centers, Baltimore, MD
Brain Gym Consultant/Occupational Therapist/Special Educator/Independent Diagnostician

See website for upcoming dates/locations of this 2-day seminar
www.aotss.com

Seminar hosting or sponsorship available at your location

CEUs for OT, PT, SLP, and Audiology



**APPROVED PROVIDER of
CONTINUING EDUCATION**
by The American Occupational
Therapy Association, Inc.

AOTA APPROVED PROVIDER #5019
NBCOT PREFERRED PROVIDER REGISTRY MEMBER

SEMINAR DESCRIPTION

Create a fun, interactive educational program with lesson units supported by manipulatives to address skills needed by both special needs and regular education students. Materials are low tech, low cost, and often free of charge from commonly found or recycled materials. Lesson units address team building strategies, educational and functional skills, and adaptations to address special needs. This interactive seminar provides lots of opportunities to develop your creativity, problem solve actual situations, and share resources and ideas. You will leave this two-day training with your own shoebox of ideas and materials that can be implemented immediately in the clinic, classroom, pre-vocational training program, or home. Information learned in this seminar is appropriate for use in classroom settings for educators, home settings for parents with and without children with special needs, and therapy settings for therapists working in pediatrics through geriatrics (with some minor adaptations for adults). This seminar provides an introduction to more in-depth learning.

LEARNING OBJECTIVES

By the end of this seminar, each participant will be able to

- Create a variety of low-cost, low-tech manipulatives and learning games that teach functional skills in the classroom and home to support educational programs and goals.
- Role play and create collaborative lesson plans, classroom activities, and team building strategies.
- Utilize a variety of sensory motor activities and exercises to support learning, motor skill development, and behavior management.
- Assess and determine low-cost ways to adapt the environment to the specific needs of children with and without disabilities
- Understand important aspects of ergonomic and architectural design in developing play spaces and residential/public spaces for children.
- Determine which products and adaptations will enhance self-care skills and daily living activities, including vocational skills using low-cost assistive technology interventions and sensory motor programs.
- Use Brain Gym, Ball-A-Vis-X, Irlen Filters, and Kinesthetic approaches for teaching handwriting, keyboarding, math, reading, and developmental cognitive and motor skills.

INSTRUCTOR

Shoshana Shamberg, MS, OTR/L, has over 30 years of experience as an educator, therapist, and professional trainer. She has presented over 150 international continuing education training seminars on a variety of topics related to independent living services for people with disabilities and aging adults. She has degrees in both occupational therapy and special education with a specialization in assistive technology and environmental modifications. She specializes in educational programming for students with severe disabilities and people of all ages with learning differences and challenges. She is a Certified Brain Gym Consultant and Certified Irlen Scotopic Sensitivity Syndrome Screener/ Diagnostician. Her company, The Irlen Visual Learning Center of Maryland, is the only provider of Irlen diagnostic services in Maryland.

Ms. Shamberg teaches the only Internet-based training program on accessibility consulting and home modifications for healthcare and design/build professionals. This mentoring and training program has an international participation. She has authored numerous articles and textbook chapters on a wide variety of topics including sensory motor learning and accessibility consultation. She is currently the AOTA representative to the American National Standards Institute's Accessible Design Standards Building Code Committee (ICC/ANSI A117.1), the Maryland representative to the AOTA IDEA Partnership Advisory Committee, a guest instructor in Towson University's Department of Occupational Therapy, and board member and legislative committee co-chairperson for the Maryland Occupational Therapy Association.

SCHEDULE

Day One

- 8:30 am Registration.
- 9:00 Introduction to Sensory Motor Resources and Projects. Creative Ways to Integrate Learning in the Classroom and Home. Team Building Using Low-Tech Assistive Technology Strategies. "Your Junk Is My Gold" – Resources You May Never Have Imagined Until Now.
- 10:30 Break.
- 10:45 Brain Gym and Ball-A-Vis-X Exercises for Reading, Motor Skills, Handwriting, and Learning. Visual Motor Activities and Low-Cost Interventions for Reading. Posture and Positioning. Computer Access and Keyboard Learning.
- 12:00 pm Lunch (on your own). Work in groups on team building projects.
- 1:00 Sensational Handwriting Strategies and Interventions. Manipulation Activities to Support Handwriting and Fine Motor/Visual Motor Skills.
- 3:00 Break.
- 3:15 Continue Above. Make-and-Take Activities Continued.
- 4:30 Begin Clean Up. Questions and Answers.
- 5:30 Adjourn.

Day Two

- 8:30 am Registration.
- 9:00 Designing and Engineering the Educational Environment for Communication and Orientation with Picture/Object Symbols. Create Interactive Workstations and Bulletin Boards.
- 10:30 Break.
- 10:45 Continue Above.
- 12:00 pm Lunch (on your own). Work in groups on team building projects.

1:00	Pre-Vocational Programming Using the Fine Motor Game Kit Manual. Make Your Own Sample Kit.
3:00	Break.
3:15	Make Equipment Adaptations for Posture. Positioning, Activities of Daily Living (ADLs), and Accessing the School. Building Universal Design and Children's Environments. Team Building and Create Activity from Recycled Materials. Group Presentations.
4:30	Begin Clean Up. Questions and Answers.
5:30	Adjourn (receive continuing education certificate).

CONTINUING EDUCATION (CE)

This seminar is approved by Maryland State Boards: OT for 13–14 CE hours (1.3–1.4 CEUs); PT for 13–14 CE hours (1.3–1.4 CEUs); and SLP/Audiology for 13–14 CE hours (1.3–1.4 CEUs).

AOTSS is an "AOTA Approved Provider of Continuing Education" (#5019), which is automatically accepted by more than 24 state licensing boards. AOTSS is also a member of the "NBCOT Preferred Provider Registry for Continuing Education." The number of approved hours may vary for PT, SLP/Audiology, and states not participating in the AOTA Approved Provider Program. AOTSS suggests checking specific qualifications with your state licensing board.

SEMINAR FEE AND MATERIALS

\$400.00 for early registration if paid more than 30 days prior to seminar date / \$450 otherwise.

Seminar fee includes AOTSS' extensive seminar manual and resources package (valued at \$100) and the AOTSS Fine Motor Game Kit Booklet.

Dress comfortably for movement. The following materials must be brought to the first class for use during the seminar and are not included in the seminar fee:

- *Scissors*
- *Colored markers (blue, green, red, and black)*
- *Glue stick (prefer glue in lipstick-style dispenser)*
- *Large sturdy shoebox (adult size) or poster board for collage*
- *Pictures or 3–4 magazines with pictures that are meaningful to you (e.g., goals, desires, hobbies, beauty, family, talents, etc.) to cut up for a personal collage*

GROUP DISCOUNTS

3 or more individuals registering at the same time for the same seminar = \$25 discount/person.
Special discounts for groups of 6 or more (send e-mail requesting details to info@aotss.com).

REFUND AND CANCELLATION POLICY

The seminar cost (minus a \$50 processing fee) will be refunded only if notification is received in writing by AOTSS at least three weeks prior to the seminar that will not be attended. Cancellations less than 3 weeks prior to the seminar date are non-refundable; however, with written notification to AOTSS at info@aotss.com by Day 2 of your seminar, the seminar cost can be applied toward another AOTSS-sponsored seminar with a \$50 re-registration fee. AOTSS reserves the right to cancel any seminar with due cause such as not meeting minimum registration numbers, illness of the instructor, or inclement weather conditions which prevent the instructor from reaching the seminar site. A full refund will be provided for such cancellations made by AOTSS. AOTSS is not responsible for weather and transportation difficulties or non-refundable travel costs. All seminar fees are non-refundable with the exception of the situations noted above. Any issues regarding this policy must be submitted in writing directly to AOTSS at info@aotss.com.

ACCOMODATIONS FOR PERSONS WITH DISABILITIES

Accessibility needs and other accommodation requests such as a sign language interpreter and large print or Braille material must be made in writing to AOTSS at info@aotss.com at least 30 days prior to the seminar date.

LODGING AND DIRECTIONS

Information on area lodging and seminar directions will be e-mailed or faxed upon registration.

SITE HOSTING OR SEMINAR SPONSORSHIP

Host this seminar at your location and receive free registrations, national advertising, free recognition on AOTSS' website, promotional materials, and/or \$\$\$. See "Site Host Agreement" information at www.aotss.com. Sponsor this seminar at your location and earn income and receive national advertising, free recognition on AOTSS' website, and promotional materials. See "Seminar Sponsor Agreement" information at www.aotss.com. Speakers are also available

for specialized or customized trainings and organizational conferences based on your training time frame and content needs.

AOTSS SEMINARS

See our website at www.aotss.com for details and locations/dates.

- 2-Day Accessibility Consultation, Home Modifications, and Assistive Technology for Home, School, Work, and Play (13 CE hours)
- Internet/Home Study Personal Mentoring: Accessibility Consultation, Home Modifications, and Assistive Technology for Home, School, Work, and Play (11–15 CE hours plus unlimited CE hour options)
- 2-Day Brain Gym and Other Sensory Motor Strategies on a Shoestring Budget (14 CE hours)
- 3-Day Brain Gym 101 Certification Training (24 CE hours)
- 2-Day In-Synch: Brain Gym and the Senses (pre-requisite: Brain Gym 101)
- 2-Day Sensory Motor Activities on a Shoestring Budget for Learning, Function, and Play (13–14 CE hours)
- 1-Day Brain Health for Seniors and Health and Wellness Professionals (7 CE hours)
- 1-Day or 2-Day Irlen Scotopic Sensitivity Syndrome and Color Overlays/Filters for Reading, Writing, and Stress-Related Problems in Academic, Work, and Home Environments
- 1-Day or 2-Day Kinesthetic Learning and Activities for Written Communication
- 2-Day Integrated Lesson Planning and Pre-Vocational Skills for Students with Special Needs

AOTSS can design a customized training for your organization. You can choose the content and time frame from one hour to three days. E-mail or call AOTSS for details.

REGISTRATION FORM

SENSORY MOTOR ACTIVITIES ON A SHOESTRING BUDGET 2-DAY SEMINAR / MANUAL / MATERIALS KIT

NAME: _____

PROFESSION: _____ HOW DID YOU HEAR ABOUT US? _____

ADDRESS: _____

CITY/STATE/ZIP: _____

HOME PHONE: _____ WORK PHONE: _____

FAX: _____ E-MAIL: _____

Choose Seminar Location:

Date: _____ Location: _____

SEMINAR:

\$_____ 2-Day Seminar (includes extensive manual and resources package valued at \$150)
(\$400.00 for early registration if paid more than 30 days prior to seminar date / \$450 otherwise)

\$_____ Deduct \$25 for Group Discount (3 or more individuals registering at same time)

Receive \$25 discount/person when 3 or more individuals register at the same time for the same seminar.
Names of all group members must be documented below on each form if registering separately:

\$_____ Total Cost

PRODUCTS:

You may purchase the manual and/or materials kit separately without registering for the seminar.

\$_____ Seminar Manual only: \$50 (includes S&H)

\$_____ Materials Kit only: \$100 (includes S&H)

\$_____ Total Cost

Prices subject to change. Please check website for current pricing.

**PayPal accepted via the www.aotss.com website.
Checks or Money Orders accepted by mail.**

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